

Oregon Pain Guidance: 7 Strategic Directions executive summary

1. **Community Education and Awareness.** These are projects that the OPG is currently engaged in and we will continue to develop:
 - a. Laminated quick reference sheets and Guidebooks for prescribers, printed and distributed
 - b. Outreach into provider offices offering education, support, pain management strategies
 - c. Annual Pain Conferences at Smullin. 200+ attendees in May 2015
 - d. OPG general meetings with specific topic areas
 - e. Community forum and media spots to educate the public
 - f. www.oregonpainguidance.org
 - g. Support the development of a multidisciplinary pain clinic
 - h. Collaborated with CCOs around MED policies
2. **Interventions.** These are areas designed to specifically support individual prescribers:
 - a. Support individual physicians, who are under Oregon Medical Board scrutiny, in collaboration with the OMB, to satisfy Board concerns and establish appropriate practice guidelines.
 - b. Develop a cadre of professional and community health workers to support providers and their patients and who can come in to a practice on short notice. "Swat team" concept.
3. **Workforce development:** Outreach to medical students, nursing students, Social Work students, peer counselors, to create the foundation for our ongoing work.
4. **Advocacy and Policy development around safe opioid prescribing.** To assure that appropriate best practices are incorporated into policies that affect our community. Work with: Oregon legislature, OMB, OHA, CCOs, Statewide Public Health entities.
5. **Data collection and analysis.** Obtain needed data and provide appropriate analysis to inform our work. The data sources are: CCOs, PDMP, internal EMRs, and Public Health. Consider contracting/partnering with a Data Analyst.
6. **Sustainability.**
 - a. The Steering Committee (and OPG) needs to bring in additional thought leaders to broaden the scope of our work. Organizations to consider: Hospitals, Private Insurers, Medical Directors of provider groups, Specialty groups.
 - b. Sustained financial support is essential. The creation of these 7 Strategic Directions is part of that outreach effort. JRHA, in kind contributions, and other grants are all part of that support.
7. **Innovation and Exploration.** These are areas of emerging importance:
 - a. Naloxone
 - b. Buprenorphine
 - c. Pain rehab
 - d. Others